

	<p align="center"><b>London Borough of Hammersmith &amp; Fulham</b></p> <p align="center"><b>HEALTH &amp; WELLBEING BOARD</b>  <b>10 November 2014</b></p>
<p><b>Report of the Children, Young People and Mental Health Task and Finish Group</b></p>	
<p><b>Open Report</b></p>	
<p><b>Classification:</b> For Review &amp; Comment</p>	
<p><b>Key Decision:</b> No</p>	
<p><b>Wards Affected:</b> All</p>	
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## 1. EXECUTIVE SUMMARY

- 1.1 The Children, Young People and Mental Health (CYPMH) Task and Finish Group's report presents a series of recommendations which aim to improve services for children and young people in the short to medium term. A summary of these recommendations is set out at the front of the full report attached at [Appendix A](#).
- 1.2 The full report also frames the discussion for the Health and Wellbeing Board around the development of a new long-term vision for how children and young people access support for mental health illness across the borough.
- 1.3 Some key questions for the Health and Wellbeing Board to consider and discuss at the meeting are included in the Powerpoint presentation attached at [Appendix B](#).
- 1.4 Additionally, following criticism of children's mental health services at a national level Norman Lamb, Minister of State for Care and Support has established a CAMHS Taskforce which is scheduled to report in the spring of 2015. The taskforce has been asked to consider how children's mental health service can be 'overhauled' and improved. Any local initiatives therefore need to contain flexibility to accommodate national recommendations which will emerge in early 2015.

## **2. RECOMMENDATIONS**

- 2.1 To steer the development of a new vision, it is recommended that the Health and Wellbeing Board discuss the questions set out in the Powerpoint presentation at Appendix B.
- 2.2 It is also recommended that the Health and Wellbeing Board consider and endorse the immediate recommendations outlined in the full report attached in Appendix A.

## **3. REASONS FOR DECISION**

- 3.1 The Children, Young People and Mental Health Task and Finish Group has been jointly commissioned by Hammersmith and Fulham, Westminster and Kensington and Chelsea Health and Wellbeing Boards to consider the issues set out in the full report at Appendix A.
- 3.2 The Task and Finish Group has prepared a report for the Health and Wellbeing Board to consider which recommends a wider discussion around a new vision for Children and Adolescent Mental Health Services.

## **4. INTRODUCTION AND BACKGROUND**

- 4.1 The CYPMH Task and Finish Group were commissioned by Westminster Health and Wellbeing Board in December 2013 to consider how the Health and Wellbeing Boards could use their levers to improve outcomes for Children and Young People in relation to mental health and wellbeing.
- 4.2 This work was then extended across to Hammersmith and Fulham and Kensington and Chelsea on the advice of the Health and Wellbeing Boards in those boroughs.
- 4.3 The CYPMH Task and Finish Group were asked to focus its effort on three particular areas where it was agreed that more could be done to improve the outcomes for children and young people:
- i) Ensuring early intervention and prevention in relation to children and young peoples' mental health and wellbeing.
  - ii) Reducing the impact of parental mental health disorders on children and young people.
  - iii) The transition from children's to adult mental health services
- 4.4 The CYPMH Task and Finish Group has drawn on the expertise of professionals and clinicians from across the local health and care system including Children's Services, the Voluntary and Community Sector (VCS), schools and the experience of users of local Children

and Adolescent Mental Health Services (CAMHS) through the mental health charity, Rethink.

## **5. PROPOSAL AND ISSUES**

- 5.1 The proposal and current issues are set out and covered within the Powerpoint presentation attached at [Appendix B](#).

## **6. OPTIONS AND ANALYSIS OF OPTIONS**

- 6.1. To steer the development of a new vision, we would welcome the Health and Wellbeing Board having an open conversation about how we may wish to “rethink” our approach to support children and young people’s emotional wellbeing and mental health.

## **7. CONSULTATION**

- 7.1 The CYPMH Task and Finish Group has drawn on the expertise of professionals and clinicians from across the local health and care system including Children’s Services, the Voluntary and Community Sector (VCS), schools and the experience of users of local Children and Adolescent Mental Health Services (CAMHS) through the mental health charity, Rethink.
- 7.2 A full list of acknowledgements can be found at the back of the full report attached as [Appendix A](#).

## **8. EQUALITY IMPLICATIONS**

- 8.1 Young people with mental health needs can experience discrimination and reduced equality of opportunity. The recommendations of the task and finish group aim to improve services for young people and their families. These improvements will contribute to reducing inequalities experiences by this vulnerable group of young people.

## **9. LEGAL IMPLICATIONS**

- 9.1 N/A

## **10. FINANCIAL AND RESOURCES IMPLICATIONS**

- 10.1 The Task and Finish Group’s report does not make specific recommendations for increases in funding. Children’s mental health provision has however been described as the ‘Cinderella of Cinderella services’. Children’s mental health receives 6% of the national mental health budget.
- 10.2 In ‘rethinking’ the Hammersmith and Fulham approach to children’s mental health and emotional wellbeing, a business case may be required to either strengthen or re-align services and sources of support

for families. Should this prove to be the case a separate report would be drafted and submitted to the appropriate local authority and/or clinical commissioning group committees.

**LOCAL GOVERNMENT ACT 2000**  
**LIST OF BACKGROUND PAPERS USED IN PREPARING THIS REPORT**

<b>No.</b>	<b>Description of Background Papers</b>	<b>Name/Ext of holder of file/copy</b>	<b>Department/ Location</b>
1.	n/a		

**LIST OF APPENDICES:**

*Appendix A: Full report of the Children, Young People and Mental Health Task and Finish Group.*

*Appendix B: Powerpoint Presentation on report of Children, Young People and Mental Health Task and Finish Group.*